

## **A.C.T.S. PRAYER**

Introduction – We have a tendency to spend most of our time praying over personal requests. Using the A.C.T.S. method of praying can help us have a more balanced prayer life.

A. Adoration

Ephesians 1:3-6

B. Confession

1 John 1:9-2:2

C. Thanksgiving

Colossians 3:17

D. Supplication

Philippians 4:6-7

Conclusion – Use the A.C.T.S. style of praying for your spiritual enrichment.

1 Thessalonians 5:16-18