

## WHY PROBLEMS ARISE

Introduction – Last week I discussed a model for human functioning that is biblically and psychologically sound.

Mark 12:28-31

- A. Problems arise because our deepest needs for adequacy and security are not fully met.

Matthew 19:16-20

Ephesians 2:8-10

- B. Problems arise because our temporary goals are blocked by people, places, and things.

(Refer to the diagram on the back of this sheet.)

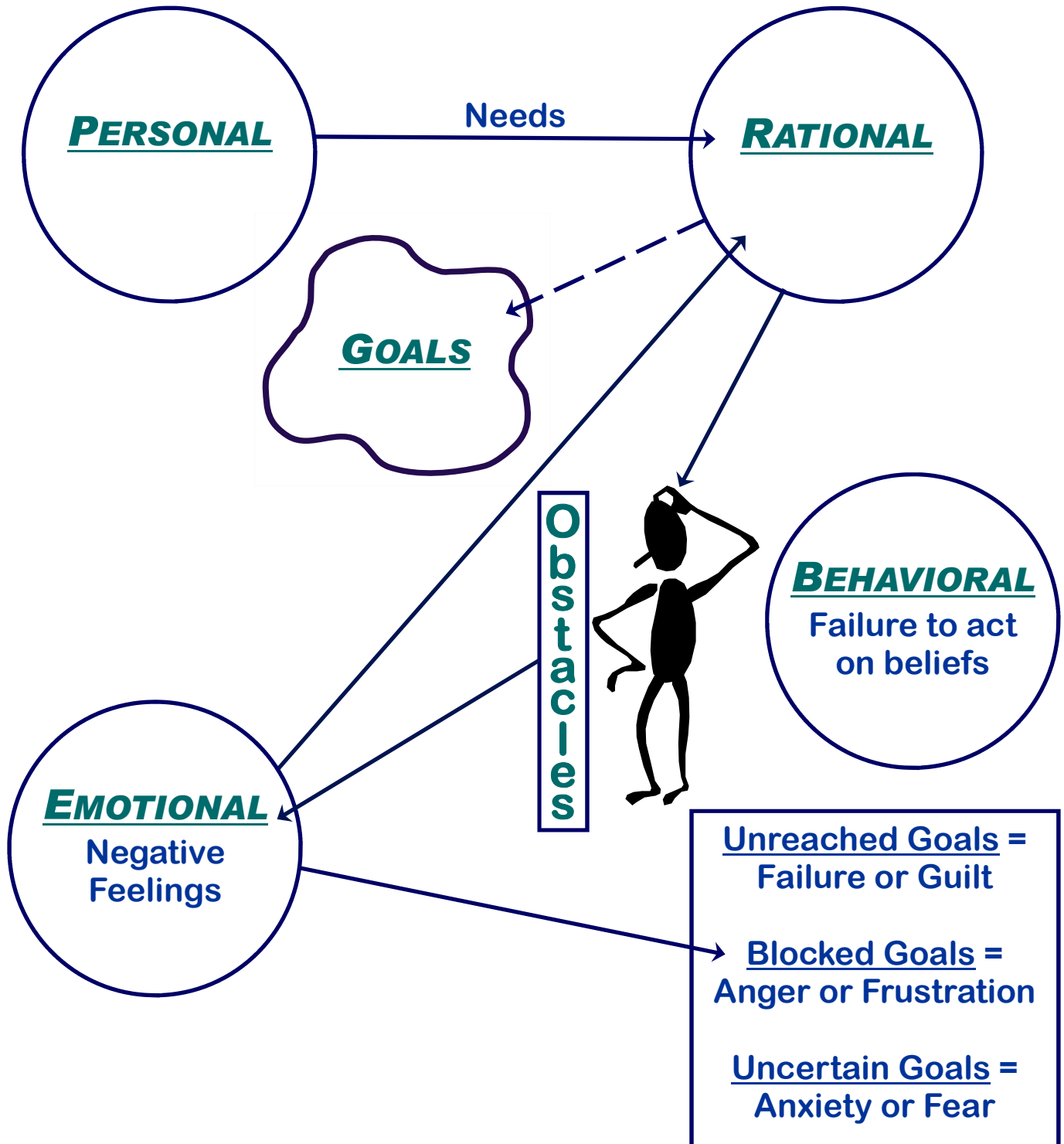
Conclusion – Only the intervention of God who meets our deepest needs and the wisdom that his Scripture imparts can save us from frustrating human behavior.

James 1:2-5

# Why Problems Arise?

Deepest needs  
are not met

Our temporary goals  
are blocked



**PERSONAL**

Needs

**RATIONAL**

**GOALS**

**Obstacles**

**BEHAVIORAL**

Failure to act  
on beliefs

**EMOTIONAL**

Negative  
Feelings

**Unreached Goals =**  
Failure or Guilt

**Blocked Goals =**  
Anger or Frustration

**Uncertain Goals =**  
Anxiety or Fear