

April 24, 2008

Phyllis,

I have been wanting to write you a note to thank you for the amazing job you do offering this space and opportunity to people like me that need so much to hear and be heard by others in similar situation. I commend you for the amazing job you do creating an environment of trust and respect where everyone feels so naturally and instantaneously welcome. I admire the journey you have taken to conquer your issues and hope to follow on your steps as I am also dealing with anger issues. This group is about recognizing our issues, and having the responsibility and commitment to become better persons for us and those around us.

Regards,

Carolina

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March 3, 2009

Dear Phyllis,

A few words of appreciation is a minor thing compared with the huge impact that your efforts with the Divorce Recovery group have. I have a vivid memory of some of your – very personal – sharing on your struggles with anger; they have helped me a lot. Thank you for making this an amazing space for personal growth, discovery and learning how to be human, accepting of all of our flaws, and realizing the great potential (to move on and be happy) we all have.

Regards,

Carolina